

Ib qho kev pab yooj yim kom koj tau txais kev saib xyuas raws li siab xav!

Health Net Cal MediConnect Plan (Medicare-Medicaid Plan)

Cal MediConnect

Cov txiaj ntsig thiab saib xyuas mob nkeeg rau cov neeg uas muaj cai rau ob yam Medi-Cal thiab Medicare

Cal MediConnect yog Dab Tsi?

Medi-Cal thiab Medicare tau sib koom tes nrog Cal MediConnect. Qhov kev saib xyuas no muab xyaws nrog koj txhua yam kev saib xyuas mob nkeeg ntawm Medicare thiab Medi-Cal.

- Ib qho kev npaj saib xyuas mob nkeeg tswj xyuas koj
- Ib tug nab npawb xov tooj cia hu
- Ib daim npav ID tswv cuab

Koj pawg kws kuaj mob ntawm Cal MediConnect

Ib qho kev npaj saib xyuas mob nkeeg ntawm Cal MediConnect kuj muaj ib pawg kws saib xyuas mob nkeeg uas yuav los muab kev saib xyuas rau koj. Tej no muaj xws li:

- Ib tug kws pab saib xyuas kev kho mob rau tus kheej (xws li tus kws tu neeg mob)
- Cov kws khomob
- Cov tsev khomob
- Cov kws saib xyuas tshwj xeeb
- Cov tsev muag tshuaj
- Kws kho tus cwj pwm
- Kev Pab Kho Mus Ntev thiab Kev Pab Txhawb (LTSS)

Qhov no yuav pab ua rau koj tau txais cov txiaj ntsig thiab cov kev saib xyuas mob nkeeg raw li koj lub siab xav.

Puas muaj lus nug?

Thov hu rau peb ntawm **1-888-788-5395 (TTY: 711)** txij thaum 8 teev sawv ntxov txog 8 teev tsaus ntuj., hnuv Monday txog Friday. Tom qab ntau teev, rau hnuv qab asthiv thiab cov hnuv so, koj tuaj yeem faj lus tau. Yuav teb koj tsab ntawv tuaj rau koj rau hnuv ua haujlwm txuas mus ntxiv. Tus xov tooj no hu dawb xwb. Koj tuaj yeem tau txais cov ntaub ntawv ntau ntxiv los ntawm peb rau hauv online rau ntawm

www.healthnet.com/calmediconnect.

Cov kev npaj saib xyuas mob nkeeg ntawm Cal MediConnect yuav sib xyaws nrog cov txiaj ntsig ntawm Medicare thiab Medi-Cal thiab lwm ntxiv:



Kev kuaj qhov muag thiab tsom iav qhov muag txhua xyoo



Kev pab thauj mus los thaum mus kuaj mob



Cov tshuaj yuav sab nrauv los (Over-the-counter-OTC)



Kev saib xyuas mob kis xwm txheej ceev



Kev saib xyuas kho kom rov zoo los



Pab them daim ntawv yuav tshuaj



tus xov tooj 24 teev ntawm tus kw tu neeg mob



Kev saib xyuas rau hauv tsev thiab hauv zos



Kev saib xyuas kev noj qab haus huv txog tus cwj pwm



Kev saib xyuas mus ntev thiab kev saib xyuas mob hnyav



Cov khoom siv thiab twj siv khomob

Cov nqi sib pab them rau cov tshuaj yuav raws li daim ntawv sau yuav tshuaj yog nce raws li them Kev Pab Tshwj Xeeb uas koj tau txais. Thov hu rau qhov kev npaj saib xyuas mob nkeeg yog xav paub ntau ntiv.

Tej zaum yuav tau txo, cov nqi sib pab them thiab feem kev txawv raws li txoj cai. Yog xav paub ntau ntiv hu rau Health Net Cal MediConnect Lub Chaw Pab Cuam Tswv Cuab lossis nyeem Phau Ntawv Tswv Cuab ntawm Health Net Cal MediConnect. Cov txiaj ntsig thiab/lossis cov nqi sib pab them yuav pauv hloov txij hnuv tim 1 Lub Ib Hlis hauv txhua xyoo.

Health Net Community Solutions, Inc. yog ib qho kev npaj saib xyuas mob nkeeg uas cog lus nrog Medicare thiab Medi-Cal los muab cov txiaj ntsig rau cov neeg tso npe rau ob qho kev pab txhawb no. Health Net Community Solutions, Inc. yog ib lub chaw ncau ntawm Health Net, Inc. Health Net yog ib lub chaw tso npe khomob ntawm Health Net, Inc. Txhua txoj cai raug tshwj tseg lawm.

Health Net Cal MediConnect Nondiscrimination Notice

Health Net Community Solutions, Inc. (Health Net Cal MediConnect Plan (Medicare-Medicaid Plan)) complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Health Net Cal MediConnect does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Health Net Cal MediConnect:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, accessible electronic formats, other formats).
- Provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services, contact the Health Net Cal MediConnect Customer Contact Center at 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711) from 8 a.m. to 8 p.m., Monday through Friday. After hours, on weekends and on holidays, you can leave a message. Your call will be returned within the next business day. The call is free.

If you believe that Health Net Cal MediConnect has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance by calling the number above and telling them you need help filing a grievance; the Health Net Cal MediConnect Customer Contact Center is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, (TDD: 1-800-537-7697). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Multi-Language Insert

Multi-language Interpreter Services

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711).

Spanish: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711).

Chinese Mandarin: 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711)。

Chinese Cantonese: 注意：如果您說中文，您可獲得免費的語言協助服務。請致電 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711)。

Tagalog: PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711).

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711).

Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711). 번으로 전화해 주십시오.

Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711).

Arabic: ملحوظة: إذا كنت تتحدث العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل بالرقم 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711).

Hindi: ध्यान दें: यदि आप बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711). पर कॉल करें।

Japanese: 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711)。まで、お電話にてご連絡ください。

Farsi: توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711).

Thai: เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711).

Armenian: ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվակազմակերպչական ծառայություններ: Չանգահարեք 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711)

Cambodian: ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតល្អល គឺអាចមានសំរាប់បំរើអ្នក។ ចូរ ទូរស័ព្ទ 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711).

Hmong: LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711).

Punjabi: ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

Laotian: ໂປດຊາບ: ຖ້າທ່ານເວົ້າພາສາອັງກິດ, ການຊ່ວຍເຫຼືອດ້ານພາສາທີ່ບໍ່ເສຍຄ່າມີພ້ອມໃຫ້ທ່ານ. ກະລຸນາໂທ 1-855-464-3571 (Los Angeles), 1-855-464-3572 (San Diego) (TTY: 711).